


27229 - Trepuree® Variety Pack

		Cellophane Ink Jet Label																					
Variety Pack 27229		on Trepuree® Meal	Serving Size (g)	Calories (kcal)	Fat (g)	% daily value (fat)	Saturated (g)	Trans (g)	Cholesterol (mg)	Sodium (mg)	% daily value (sodium)	Carbohydrate (g)	% daily value (carbohydrates)	Dietary Fibre (g)	% daily value (fibre)	Sugars (g)	Protein (g)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Potassium (mg)	Phosphorus (mg)
Beef Stroganoff with butternut squash and herbed potatoes		Beef, squash, potatoes	250	310	15	23	5.0	0.5	40	570	24	29	10	3	12	7	15	20	7	95	2.5		
Roast Beef with sweet carrots and herbed potatoes		Beef, carrots, potatoes	250	350	24	37	6.0	0.5	30	590	25	20	7	6	24	5	14	25	4.5	75	2.0		
Beef Old Fashioned with green beans and homestyle potatoes		Beef, green beans, potatoes	250	330	22	34	6.0	0.3	30	590	25	20	7	4	16	6	14	25	4.5	100	2.5		
Roast Chicken with peas and homestyle potatoes		Chicken, peas, potatoes	250	290	14	22	4.0	0.1	35	660	27	24	8	6	24	4	16	30	55	70	2		
Lemon chicken with sweet carrots and herbed potatoes		Chicken, carrots, potatoes	250	310	18	28	5.0	0.1	45	580	24	22	7	4	16	7	15	60	6	100	1.5		
BBQ Pork with green beans and homestyle potatoes		Pork, gr beans, potatoes	250	320	20	31	8.0	0.2	35	600	25	21	7	4	16	5	15	20	8	100	2		
Roast Pork with sweet carrots and herbed potatoes		Pork, carrots, potatoes	250	320	20	31	7.0	0.2	30	550	23	21	7	5	20	6	14	125	10	100	1.8		
Roast Turkey with butternut squash and herbed potatoes		Turkey, squash, potatoes	250	290	15	23	4.0	0.2	40	550	23	24	8	4	16	6	14	15	15	85	2		
Turkey a la King with peas and pasta		Turkey, peas, pasta	250	360	20	31	5.0	0.1	35	590	25	26	9	5	20	5	17	15	5.5	35	2.5		
Salmon with peas and pasta		Salmon, peas, macaroni	250	300	12	18	3.0	0.0	30	630	26	27	9	4	16	6	20	15	6	45	2.3		
Macaroni with Cheese Sauce and herbed tomato		Macaroni, cheese sauce, tomato	250	360	19	29	8.0	0.5	40	680	28	32	11	4	16	8	14	65	1	290	1		
Vegan Bean Medley with Vegetables and Rice		Bean medley, veg, rice	250	230	3	5	0.5	0.0	3	530	22	36	12	8	32	9	15	60	1	90	3.5		